

## 2020-21 JENKS PUBLIC SCHOOLS' LAISINNA TELTHEIHNA

### LEH PAIZIA DING HILHNA

COVID-19 tawh buaina hang in, kum 2020-21 Jenks Public Schools sang kah dan nidang tawh hong kibang lo ding hi. Anuai ah ki-at gelna omsa te, virus thuthak a om tawh kituak ahih kei leh kiim le paam sung pan cidamna sitna pan positive ngah a ki muh kawikawi zah tawh kituak in gelnate hong ki laih thei ding hi. JPS ah, sang naupangte leh nasemte ii cidamna leh a lauhuai tawh kipelh ding a thupi pen hi a hih theih bangbang in Centers for Disease Control (CDC) a ki ci cidamna ding bang ci kikem ding hong gente, state leh zato lamte lamlakna bang in ki gamtang ding hi.

Hih bang thu kong zaksak theih uh hang in, ka phawk khat uh ahih leh dawngna sangin dotna tamzaw hi. Hih te kituak kha ngei lo ahih man in haksa ki sa tek hi. Dotna khempeuh dawngna ding om lo thei in, ahih hang tuate khempeuh a manlang thei pen in kong dawng theih na ding uh hong hanciam nung. Sang ki pat ding hong nai semsem ahih man in, na email leh JPS te thupuakna tuamtuam te thuthak na theih na ding na sim sak zel in.

Jenks Public Schools ah kum 2020-21 a ding sang ki-ap sang naupangte bang dan in laisin ding cih teltheih nam thum om hi. Hih teltheihna te pen JPS innkuanpihte a ding in na hun uh no mau man zia tawh kituak in nuam tak a tel theih hi. Nu le pa te khempeuh na tate uh laisinna tawh kisai vaite hong tel sak nuam hi ung. Hehpihna tawh teltheihna te avek in pilvang tak in na sim in.

#### TELTHEIHNA #1

#### SANGINN AH KAH DING (TAN PRE-K-12 IN TEL THEI)

Hih atel sang naupangte:

- Jenks Public Schools ah sang ki-ap suak ding hi.
- Nisim in sang pai in, sanginn sung ah mi tawh ki mu ding hi.
- Sintheih tuamtuam te, sia/siamah leh sangkah pih te tawh hih khawm ding hi.
- Sang tawh kisai setvan zatte zang thei lai ding hi.
- Sang ah khan a om teng leh kimawlina/kipawlina omte ah zong kihel thei ding hi.
- Programs tuamtuam, huhna, counseling, media centers cihte zong zang thei lai ding hi.

**\*COVID-19 natna pianzia tawh kizui in, sanginn ah laisinnate A Gamla Pan Laisinna in Canvas zang kawm in kilaih thei ding hi. Sia/siamah te in laisim ding athak hong gen zom paisuak ding leh sang naupangte ii lai zawh zia hong sit paisuak ding uh hi.**

TELTHEIH #2  
TROJAN CONNECT PROGRAM AH ONLINE BEK A LAISINNA (TAN K-12 IN TEL THEI)

2020-2021 a ding hih athak teltheih atel sang naupangte:

- Jenks Public Schools ah sang ki-ap suak ding hi.
- Online pan (Calvert Learning Tan K-6 and Edgenuity Tan 7-12) cih te website pan in laisin tuamtuam te en thei ding hi.
- Laisin bang ci ciang tung cih JPS sia/siamah te in hong sit ding hi.
- Huhna ki sam beh te zong sang sia/siamah te in hong huh ding hi.
- Tan K-6 ahih leh, inn pan in nu le pa te' huhna leh thapiakna kizam ding hi.
- Programs tuamtuam, huhna, counseling, media centers cin te zong a kizam bang in kipia ding hi.
- Setvan leh internet cihte a kizam bang in ki vaihawm sak ding hi.

**\*Hih dan laisin theihna atel nuam sang naupangte in Trojan Connect Program pan July 31 ma in atel kul ding uh hi. Hih telna ding min piak khit ciang, Trojan Connect Program ah Fall Semester (August – December) dong ki om sak ding hi. Min piak/sign up na ding hih na mek in: [Click here to sign up for the Trojan Connect Program.](#)**

TELTHEIH #3 -  
A KIGAWM A LAISINNA (TAN 7-12 BEK IN TEL THEI)

Hih atel sang naupangte:

- Jenks Public Schools ah sang ki-ap suak ding hi.
- Sanginn ah khenkhiat hun khat sung sang kah leh alai uh adangte *Edgenuity* online pan inn ah bawl ding uh hi.
- Direct tak in sia/siamah leh lawmte tawh ki ho thei ding hi.
- Laisinna tuamtuam ah zong kihel ding hi.
- Sangte ii neih leh bawl kimawlina leh kipawlina tuamtuam te ah zong kihel thei ding hi.
- Programs tuamtuam, huhna, counseling, media centers cih te zong a kizam bang in ngah thei ding hi.
- Setvan leh internet cih te a kizam bang in ki vaihawm sak ding hi.

**\*Hih dan laisin theihna atel nuam sang naupangte in July 31 ma in atel kul ding uh hi. A Kigawm A Laisinna ahih kei leh online khan la khin in a lak beh nuam lai te in hiah na mek in: [click here.](#)**

Abesa kal tampi sung in, sang huampi ah thuvaihawm mite leh nasemmite in cidamna lam leh pilna sinna lam tawh kisai kipawlna pan mipilte thugen ngai kawm leh bang ci bang in laisinna mi khempeuh a ding lauhuai lo pen ding hiam cih thu ki kankan hi. Alauhui na khempeuh ih pelh theih ding ahih theih loh hang in, ngimna pen virus bang cih leng ki lawh lo pen ding hiam cih hi. Hih gelna zat ding te pen ut hunhun a zang leh ei man hun tek tawh a kituak in kibawl thei hi a, zong ahun zui in manlang tak state leh zatote' thu zaksak bang in a kilaih thei ding ahi hi.

Zuih ding a kilawm lamlahna agen American Academy of Pediatrics te in hih ci hi, "sang kipat na ding in sep leh bawl ding dan kigel na ah sang naupangte' ami ngiat in hong pai theih ding uh ngim masa ding." Hih AAP in banghang in sang pen cidamna ding leh naupangte khantohna ding in bangzah tak thupi hiam cih ahang tampi zong gen hi. Laisin ngiat na lam pan ahi zong, lawm le gual tawh kithuah theihna, lungsim khoih vat zia, tua ban ah an piakna, counseling piakna, leh pumpi cidamna ding kimawlna cih bang te neih theih na ding sang kah pen sang naupangte a ding leh omna kipawlna sung ah cidamna ding thupi mahmah hi.

Aban a thute pen Jenks Public Schools in virus bang ci in kilawh lo pen ding hiam cih nasemmite leh innkuante in a zuih theih ding hong hawmsawn leh hong theihsak nop na hi.

#### NATNA KILATNA SITNA (MONITOR SYMPTOMS)

Nasemmite khempeuh nisim in COVID-19 natna nei hiam cih nasep a pai ma in amau leh amau ki sit ding uh hi.

Nulepa/akemmite zong sang naupangte sang ah khak ma in COVID-19 natna nei hiam cih a sit ding in ki lam-en ding hi.

Sang naupang khat sang ah COVID-19 natna kilatna a om leh, zato siamah nu kiang tawh ki thuza pah ding hi. Nu le pate zong a manlang pen sang naupang nu/pa dawn ding in kism ding hi.

COVID-19 a neite tung pan natna tuamtuan kilang thei hi- tawm bek pan thuaklah huai dong om thei hi. Natna kilatna pen virus na ngah khit zawh ni 2-14 kikal sung hong kilang pan ding hi. Innkuanpihte in nau pangte sit leh anuai ah ki at te khat sang a tamzaw a neih leh sang ah kha lo ding:

- CISA
- KHUA-SIK
- KHUH
- LUTANG NA
- GIMNAM ZA THEI LO LEH ALIM LE LIM LO GEN THEI LO
- GOL-NA
- SUNG-NIM AHIH KEI LEH LUA
- NAK HAKSA SA
- CI LE SA LEH PUMPI NA
- NAK-BING AHIH EI LEH NAP-TUI
- SUNG-PAI

## COVID-19 PHUTKHAKNA LEH PHUTKHIT CIANG SANG AH PAIKIKNA

Sang naupangte leh nasemmite COVID-19 kisitna pan a positive te tawh kinai tak in a kizawp khak leh ni 14 sung amau kia a ki tuam khen ding uh ki dong ding in tua hun sung in sang ah pai kik thei lo ding uh hi.

“Kinai tak in kizawm” cih te bang hiam?

- Nang mi tawh minute 15 sang a tamzaw ahih kei leh pi 6 sang a tawmzaw bek kihal.
- Nang mi tawh direct tak a kikhoih (gentehna: khut ki len/nohset, kawi).
- Nang amau tawh an nekna leh tui dawanna vante zang khawm.
- Nang amau ii huih a sang khiat na pan kinaih or ki khoih kha (gentehna: amau nang tung ah hong khuh or hahsiai).

Sang naupang leh nasemmite a test na pan positive ahih kei leh a natna kilatna (symptoms) anei kha te hih anuai a teng khit ciang sang ah paikik thei:

- Ni thum sung cisa lo **LEH**
- Natna kilatna bei deuh **LEH**
- A natna kilatna (symptoms) te a neih zawh ni 10 cing khin.

***Hih thute lakna mun (source): [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)***

Sang naupang leh nasemmite a test na pan positive ahih hang natna kilatna bangmah a om kei leh hih anuai a teng khit ciang sang ah paikik thei:

- Kisit zawh ni 10 cing khin **AHIH KEI LEH**
- Nih vei kizawm (nai 24 kihal)a ki test na pan negative tuak ngah.

***Hih thute lakna mun (source): [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)***

**COVID-19 test na pan a positive sang naupangte leh nasemmite sang a paikik ma in siavuan te' kiang pan cidam ta hi cih laidal hong puak kul uh hi.**

*Adapted from MIT Medical*

**Jenks**  
*Public Schools.*

## MAITUAM/MAI SELNA

JPS nasemmite, sang ah ahawh mite, leh sang naupang tan 3-12 te maituam bulh ding pel lo **kiphatmawh** hi. Thudang a om zenzen leh zong, sang siapi te ii phalna ngah kul hi.

Sang naupang tan Pre-K-2 te pen a kilawm a kituak hun ciang maituam zat ding **nakpi tak in ki deihsak** hi. Mi tawh kihal a om ding hong haksat zawt deuh ciang maituam bulh ding hong ki haanthawn ding hi.

## BUS TUANNA

Kum leh tan (grade) kisai lo in, sang naupang khempeuh bus tung ah maituam thua kul hamtang ding hi. Bus hawlte zong maituam thua kul hamtang ding hi. Mi tawh kihal a om ding bus tung ah haksa zaw ahih man in, bus tuangte leh ahawlte a ding huhi diikna leh virus ki lawh loh na ding maituam buih ding hong thupi mahmah hi. JPS bus khempeuh in maituam leh khut siangsak na (sanitizer) aval nei ding hi. Bus te zong zingsang sim leh nitak sim in lungno thatna te tawh ki siangsak ding hi.

Sang naupangte bus tung hong pai ciang, bus ii nunglam ah tutna om pen mun ah tut kul ding hi. Bus tung kah masa sa te anung pan kipan a tut kul ding hi tua hi leh mi tampi tawh ki sukha lo ding.

## SANGINN TE AH NU LE PA LEH AHAWH MITE LUTTHEIHNA

**Mi khempeuh sanginn sung a paite ahih kei leh JPS ii building a paite maituam ahih kei leh mai dalna a zat kul hamtang hi.** Nu le pate in sang naupangte sanginn sung ah khak khuan om lo ding hi. Nu le pate amau mawtaw sung om cip in sang naupangte khak na drop-off line ah pai ding hi. Nasemmite sanginn mai ah naupangte khan pai na ding gen ding leh ahuh ding in om ding hi. Atate sang pan vai omna hang in a check out nuam nu le pate sanginn ii lutna kongpi pan bek lut thei leh lut theih na ding a ngak kul ding hi. Nu le pa leh sang ah ahawh nuam mite khansung paina lampi, khante, annek khan, kimawlna khan, leh adang khan kizang munte ah kipai sak lo ding hi.

## NASEPNA LEH KIMAWLNA

Nasepna (activities) tuamtuum, kipawlna, leh kimawlna cih te zong sang naupangte' laisin khantoh na ding in thupi hi. Sang ii bawl nasepna leh kimawlna te in zong sang huampi, state, leh zato te ii genna bang cidamna ding zuih ding a lamlahna te mang suak ding uh hi. Hehpihna tawh na tate' kimawlna sia/siamah or kipawlna ah a kihel nuam te in a makaite dotnop na neih leh na dong in.

## SANG KI HON DING NI, KIPAWLNA TUAMTUAM LEH SANG VAI MEETING NEIH DAN TE KI LAIH

Back to School Night, Meet The Teacher, leh hungelna (schedule) lak theih ni ding te nakpi tak in hih virus hang in kilaih ding hi. Hih te pen JPS ii sang tek in a mau gelna tek bang in hong ki hih ding hi. Hehpihna tawh na email, na tate' sang' website, leh mitawh kizop na website (Facebook, Instagram, cih te), leh mi tawh ki thuzak na tuamtuum kizangte thuthak penpen na theih na ding na etsak den in.

Nulepa/Akemmitte, a manlang theitheih in na man ciang, hehpihna tawh Back to School online pan min khumna te na hih in. Na innmai ah mailbox pan naupangte' sang kah na ding min khumna te zong Registration Gateway ah bang ci hih ding cih hong gen lai zong hong tung khin ding hi. Registration Gateway pen Wednesday, July 15 ni in ki hong ding hi. Hiah na mek in Back to School a ding min khumna thu na theih beh nop leh: *Click here for more information on the online Back to School registration process.*

## NATNA A TAWM THEI PEN OM NA DING LEH THEIHBEH HUAI THUTE

### KHUT SAWPNA LEH/SIANGTHONA

Khut sawp leh/ khut sian sak pahpah pen natna kilawhna ih pelh theih na ding tampi ih hih theih lak pan nam khat hi. Sangkah hun sung in, sang naupangte in satpiang leh tui tawh second 20 sung khut a sawp ding uh ki gen ding hi. Sang naupangte leh nasemmite in lungno a sisak thei zu tawh kibawl khut siangsakna cih te khan sung leh mitam omna mun ah zat theih ding in ki koih ding hi. Nasemmite tung pan khut sawp ahih kei leh khut a siansak pahpah ding uh ki lam-en hi.

### MIDANGTE TAWH KIHAI A OMNA

Ahih theih leh a kilawm kituak hun ciang, sang kahna munte in mitam a om deuh na ahi, khan khat pan khan dang paina lampi (hallway), kimawlna khan, leh annek na khan te ah midangte tawh kihal a omna ding gel ding uh hi.

### SIANGTHO NA DING ZUIH DING

Sang kah hun sung in, nasemmite in khan sung ah a ki khoih mun nate leh mun tuamtuam a ki zang leh mi pai munna te ki siangtho sak ding hi. Sang tuah sim ahih kei leh pawl omna khat peuh peuh man ciang in, a ki khoih van le munte ki siangtho sak ding hi. CDC in zat theih ding lungno a that thei zatui tawh zong khante leh a ki khoih mun nate kap khin uh hi.

### KHAN SUNG AH TUTNA KIGUALH ZIA

Sabuai tung ah kidal na ding plastic koih pen piang lo hi. Sang huampi in sang khempeuh a tua cih na ding sum le paai lam in zong zo lo hi. Khan ah tutna kigualh dan ding pen sang naupang khat leh khat a ki gamla thei thei a kihal theih na ding in tutna ki gual ding hi. Ahi zong in letmat 6 lian kihal na ding khan om zah leh khan sung ah mi bangzah om cih hang in mun kicing lo hi.

### SANG AH ANNEKNA

Sang naupangte in annekna khan ah an la a pai ma ahih kei leh a tut ma in khut sawp siang ahih kei leh siangsak kul ding hi. Sang naupangte in an lak laitak in mi tawh kihal ding hi. COVID-19 a om lai sung in sang ah annekna mun ah ahawh nuam mi kuamah ki phal lo ding hi. Khut siangsaknate leh khut siangsakna mun zong sangte khempeuh ii annek khan ah ki behlap ding hi.

### VANZATTE

Sang naupangte in a vanzatte uh ballpen, khedan, markers, katci, ahih kei leh limzepna te kua mah tawh zang khawm thei lo ding hi. Vanzatte sang naupangte in a zat khawp a kul a ki zang khawm te zong ki siangtho sak ding hi.

### TUI DAWNNA MUN

Sanginn te khempeuh in tui dipna mun nei tek ding hi. Sang naupangte leh nasemmite in a kitam/kitan thei lo tuibung hong puak ding uh zong ki gen ding hi.

### HUIHKHITH SIANGNA

Sanginn khempeuh ah 100 ah 100 khan sung a huihte nai 8 kihal sim in a siang sak ding leh 100 ah 95 COVID-19 natna hong ki lawh sak thei ding te a la khia ding in ahoih zaw a kibawl alum paina, huihlut na ding, leh air con te ki koih hi.