



2019 Jenks Volleyball Clinics and Tryouts

Go by the grade in which your daughter is entering for 2019-2020. All Clinics and Tryouts will be held at the TAC or FHF on the main HS campus. **Mandatory Parent/Player Meeting for those that make the Jenks Volleyball Program 7th thru Varsity May 19th at 6:00pm @ FHF**

Shuttle Bus will pick up in front of the middle school

7th Grade Learn to Play Clinics

Learn to play clinics are for current 6th graders. Athletes will learn basics to play the game and tryout.

April 25th 6:00-7:30pm @ TAC

April 29th 6:00-7:30pm @ TAC

May 2nd 6:00-7:30pm @ FHF

May 7th 6:00-7:30pm @ TAC

7th Grade Tryouts

*Athletes should come both days

May 8th 7:00-9:00pm @ TAC

May 10th 7:00-9:00pm @ TAC

8th Grade Tryouts

*Athletes should come to both days Bus Shuttle transportation will be available from JMS to TAC, but rides home will need to be provided by the parents. Pick athlete up at the TAC.

May 8th 5:00-7:00pm @ TAC

May 10th 5:00-7:00pm @ TAC

Open Practice Opportunities

8th, 9th, 10th, 11th, 12th

Clinics are practice opportunities to get touches on the ball before tryouts. Shuttle Bus transportation will be available from JMS to TAC/FHF, but rides home will need to be provided by the parents. Pick athlete up at the TAC or FHF.

April 25th 5:00-6:00pm @ TAC

April 29th 5:00-6:00pm @ TAC

May 2nd 5:00-6:00pm @ FHF

May 7th 5:00-6:00pm @ TAC

9th Grade Tryouts

Bus Shuttle transportation will be available from JMS to TAC, but rides home will need to be provided by the parents. Pick athlete up at TAC. Some 9th graders may be asked to come on the May 17th tryout date with JV and Varsity in addition to the 15th.

May 15th 5:00-7:00pm @ TAC

JV and Varsity Tryouts

May 17th 5:00-7:00pm @ TAC

What's Next and FAQs

FAQs: www.jenksvolleyball.com

- Season Dates:
 - HS starts July 15th – October 20th
 - MS starts July 22nd- October 3rd
- All athletes will be required to participate in strength & conditioning through the summer
- All athletes are required to participate in summer camps and team camps. *Please contact coach about conflicts we know this happens
- HS athletes may play another sport, but if not playing another sport must be in offseason volleyball unless a senior.
- Download Group Me app- We use it to communicate
- Follow JVB on Facebook, Instagram, and Twitter
- HS off season workouts are mandatory. Second Semester Jan-May off season morning workouts will be open to MS athletes *optional.
- We encourage other sport participation and off season club volleyball.
- Some MS practices may be in the mornings
- 100% Parent participation in Booster Club
 - Help with concessions, events, fundraiser coordination, hospitality rooms, ect
- 100% participation in fundraisers
 - Serve A Thon, Side Out, Cancer Community Outreach, Fundraiser Tournaments, Car Wash, and others

My Athlete Made The Team 7th & 8th Grade

TO DO LIST

- Register for Summer Volleyball Camp: May 28th-1st. \$50-\$100.00+ depending what camps chosen.
<http://www.jenksps.org/vnews/display.v/SEC/Activities%7CAthletics%3E%3ESummer%20Camp>
- Register/Pay for Vertical Limit Fitness Workouts: \$75 7:15-8 Tues/Thurs
<http://www.verticallimitfitness.com/member-registration/>
- School Wide Physicals are May 6th if you choose to not take advantage of this opportunity please have physicals done/submitted before the opening of season July 15th. Official OSSAA Form:
http://www.ossaa.net/docs/2016-17/SportsMedicine/MF_2016-17_PhysicalForm.pdf
- Register for an account on Rankone Sport and fill out mandatory paperwork for your daughter.
 - <https://jenkspublicschool.rankonesport.com/New/Home.aspx>

My Athlete Made The Team 9th – Varsity

TO DO LIST

- 9th Only- Register for Summer VB Camp
<http://www.jenksps.org/vnews/display.v/SEC/Activities%7CAthletics%3E%3ESummer%20Camp>
- 9th-V- Choose time to volunteer to work volleyball camp.
- Register/Pay for Vertical Limit Fitness Workouts: \$75 6:15-7 Tues/ Thurs
<http://www.verticallimitfitness.com/member-registration/>
- School Wide Physicals are May 6th if you choose to not take advantage of this opportunity please have physicals done/submitted before opening of season July 15th. Official OSSAA Form:
http://www.ossaa.net/docs/2016-17/SportsMedicine/MF_2016-17_PhysicalForm.pdf
- Fill out mandatory yearly paperwork
 - <https://jenkspublicschool.rankonesport.com/New/Home.aspx>
- Mandatory Drug Test August 1st